

# Bronchial Thermoplasty (BT)



BT is an outpatient procedure for people with severe asthma, to reduce asthma attacks. This is performed by a BT-certified and experienced pulmonologist like Dr. Kaveh Bagheri.

BT reduces the amount of excess smooth muscle tissue in the airways. With less of this tissue, the airways constrict less, breathing is easier, and there is less likelihood of an asthma attack.

Fewer asthma attacks means less need for oral steroid treatment and its side effects.